

# How Are You Coping?

Mt. Tabor Cares—  
And We Want to Help!

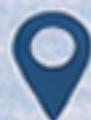
Join us for a morning of compassion, connection, and healing as we come together to support children, families, and individuals navigating grief and emotional wellness.



**SATURDAY,  
JUNE 6TH**



**9:00 A.M. —  
12:00 P.M.**



**MOUNT TABOR MISSIONARY BAPTIST CHURCH**  
6614 S. Western Avenue ·  
Los Angeles, CA 90047

## Featuring Guest Speakers:



**Dr. Yvorn Nehemiah  
Aswad-Thomas**

Child & Family Psychiatrist  
| Pediatrician



**Mr. Walik  
Edwards**

Medical Social  
Worker &  
Grief Counselor

This is designed specifically for children, young adults, adults, parents, and families. ALL are welcome.



### **RSVP IS A MUST!**

Michelle Franklin (323) 496-0412

Mt. Tabor Church Voicemail (323) 753-3189

Dianne Spencer or Virgie Mosley



**Refreshments**  
will be provided

*by Chef Sean'te of Enchan'te Catering*



**The Gailen and Cathy Reeves Center**  
*For Community Empowerment*